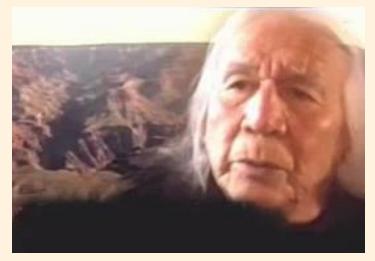


# Disrespect of Our Elders: Preventing Native Elder Abuse

#### National Indigenous Elder Justice Initiative

Jacque Gray, Ph.D. Addressing Elder Abuse December 10, 2014



"Restoring respect and dignity by honoring Indigenous elders"



## NIEJI

#### -Vision:

"Restore respect and dignity by honoring indigenous elders."



# NIEJI Goals Cycle 1

#### Establish NIEJI

- Website: www.nieji.org
- E-Mail: nieji@med.und.edu
- Phone: 701-777-2023
- Toll-free Number: 855-834-1572
- Develop Resources
  - Tribal/State Resource with interactive map
  - Contacting all tribes about Elder Abuse Code
- Developed Elder Abuse Model Code/MOU
- Hold a restorative justice conference



## NIEJI Goals Cycle 2

- Maintain and update NIEJI Infrastructure and provide technical assistance to tribes on elder abuse
- Develop training modules on Elder Abuse
- Provide educational information and resources on Native American elder abuse, neglect, and exploitation for dissemination on the website
- Provide a plan for data collection on elder abuse



### What is Elder Abuse?

National Center on Elder Abuse

"Any knowing, intentional, or negligent act by a caregiver or any other person that causes harm or a serious risk of harm to a vulnerable adult."



### What legal types of elder abuse?

- Physical Abuse
- Sexual Abuse
- Emotional/Psychological Abuse
- Neglect
- Financial Exploitation
- Self-Neglect
- Abandonment



## Physical Abuse

- Use of force to threaten or physically injure a vulnerable adult.
- Signs: Slap, bruises, falls, pressure marks, certain burns or blisters



## Emotional/Psychological Abuse

- Verbal attacks, threats, rejection, isolation, or belittling acts that cause or could cause mental anguish, pain or distress to a senior adult.
- Signs: withdrawal from normal activities, unexplained changes in alertness, unusual behavioral change



### Sexual Abuse

- Sexual contact that is forced, tricked, threatened, or otherwise coerced upon a vulnerable elder, including anyone who is unable to grant consent.
- Signs: Bruises around breasts or genitals, unexplained STDs



## Exploitation

- Theft, fraud, misuse, or neglect of authority, and use of undue influence as a lever to gain control over and older person's money or property.
- Signs: change in finances, altered wills or trusts, loss of property



# Neglect

- A caregiver's failure or refusal to provide for a vulnerable elder's safety, physical, or emotional needs.
- Signs: Pressure ulcers, lack of medical care, malnutrition or dehydration.



### Abandonment

Desertion of a frail or vulnerable elder by anyone with a duty of care.



## Spiritual Abuse

- Spiritual Abuse (Doble 2006)
  - Anything that interferes with spiritual growth including the corruption of another person's value system.

Soul Wounding (Duran & Duran, 1996)



# Spiritual Abuse

#### Examples

- Elder not taken to ceremonies and spiritual events
- Family not allowed to conduct ceremonies in hospital as elder is dying.
- Ceremonial items taken from the elder's home by visitors (family, friends, others) for use or sale.
- Elders not raised within the community wanting to have ceremonies at end of life and no connections to provide the ceremonies.
- Others?



### Health Effects of Elder Abuse

- Increased Mortality
  - Lachs et al. 1998, Dong et al. 2009
- Poorer physical outcomes (probable)
  - American Medical Association 1990; Anetzberger 2004; Lindbloom et al. 2007
- Increased pain
- Exacerbation of existing conditions
- Welts, wounds, injuries
- Increased susceptibility to infection



#### Financial Effects of Elder Abuse

- Restitution often not forthcoming or too late
- No time to rebuild assets
- Loss of choices for older adult; loss of independence
- Reliance on others for financial support
- More quickly spending down to Medicaid



#### Who is more at risk?

- People with inadequately treated mental health and / or substance abuse problems are more likely to be abusive
- People who feel stressed / burdened / resentful are more likely to be abusive
- Providing care for an older adult who is physically combative and/or verbally abusive



## Screening for Abuse

- Best practice: Everyone should be screened
- Normalize talking about a difficult topics
- Native Elders talk about disrespect not abuse
- Asking questions creates a potential to catch abuse in its early stage and prevent it from escalating



## Screening: Ask the Elder

- "Are you being disrespected? If so, in what ways?"
- "Has anybody hurt you?"
- "Are you afraid of anybody?"
- "Is anyone taking or using your money without your permission?"
- "Is anyone taking your things without your permission?"



#### Talk to Elders About the Future

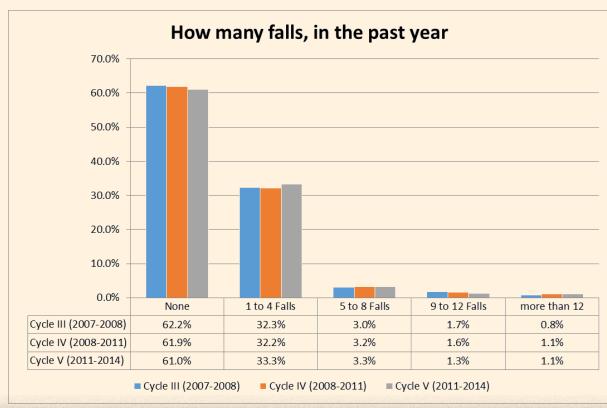
#### Planning Ahead

- Under what conditions would you want someone to manage your finances?
- Under what conditions would you want to be placed in a long term care setting
- Staying Connected-Check in on one another
  - When people who regularly attend events are not there
  - Have a buddy system
- Being Cautious
  - Don't provide resources without checking out the situation
- Reporting Their Suspicions
  - If you think abuse may be going on, tell someone.
  - Ask authorities to intervene.



#### Unexplained Falls

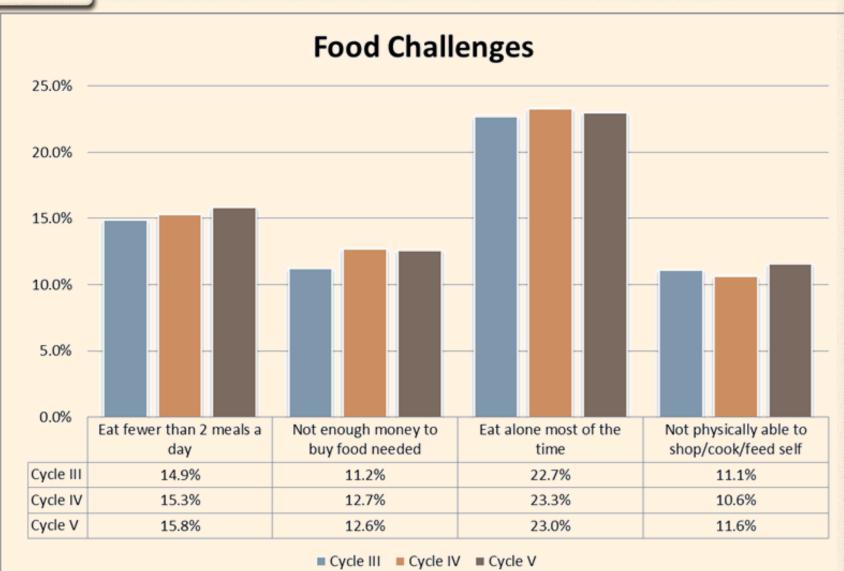
Over the past year, 39% of Native Elders report they have fallen!





- Malnourished or inadequate food
  - 1 in 6 Native elders report inadequate eating.
    - Fewer than 2 meals a day 15.8%
- Unable/no help to shop/cook/feed self
  - 1 in 9 Native elders report they are not physically able to shop, cook or feed themselves. 11.6%
  - 1 in 8 Native elders report they do not have money to buy food. 12.6%

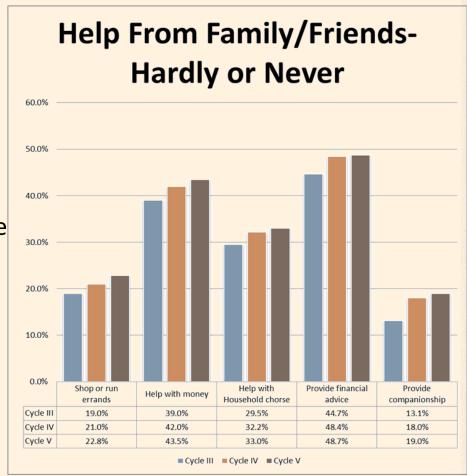






### Family & Friends Never Help:

- Shopping/errands
  - 22.8%
- With money
  - 43.5%
- With housekeeping or chores
  - 33.0%
- Provide business/financial advice
  - 48.7%
- Provide companionship
  - 19.0%



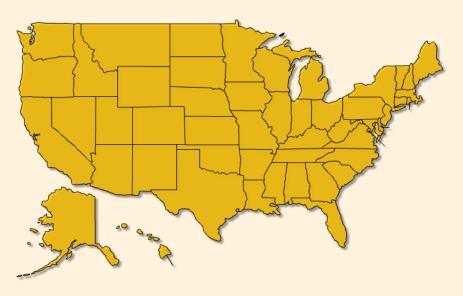


Use of Resources For All Tribes		
	Now Use	<b>Would Use</b>
Elder Abuse Prevention	1.1%	12.7%
Financial Assistance	3.4%	27.1%
Legal Assistance	2.2%	23.5%
Transportation	9.5%	35.2%
Caregiver	6.0%	32.4%
Congregate Meals	15.3%	15.9%
Home Delivered Meals	14.0%	36.0%
Personal Care	2.6%	20.5%
Home Health Care	4.2%	32.6%
Home Modification	2.5%	27.7%



### Resource Locator

#### **State/Tribal Hotlines**



- Alabama
- Alaska
- Arizona
- Arkansas
- California
- Colorado
- Connecticut
- Delaware
- Florida
- Georgia
- Hawaii
- Idaho
- Illinois
- Indiana
- Iowa
- Kansas
- Kentucky

- Louisiana
- Maine
- Maryland
- Massachusetts
- Michigan
- Minnesota
- Mississippi
- Missouri
- Montana
- Nebraska
- Nevada
- New Hampshire
- New Jersey
- New Mexico
- New York
- North Carolina
- North Dakota

- Ohio
- Oklahoma
- Oregon
- Pennsylvania
- Rhode Island
- South Carolina
- South Dakota
- Tennessee
- Texas
- Utah
- Vermont
- Virginia
- Washington
- West Virginia
- Wisconsin
- Wyoming



## State/Tribal Resource Locator

#### **North Dakota**

#### State Hotlines

#### North Dakota Aging Services Division

1-701-328-4601 1-800-451-8693

#### Region I

Counties Served: Divide, McKenzie, Williams 1-800-231-7724 1-701-572-9111

#### o Region II

Counties Served: Bottineau, Burke, McHenry, Mountrail, Renville, Ward 1-701-857-8500 1-888-470-6968

#### Region III

Counties Served: Benson, Cavalier, Eddy, Ramsey, Rolette, Towner 1-888-607-8610 1-701-662-5050

#### Region IV

Counties Served: Grand Forks, Nelson, Pembina, Walsh 1-888-256-6742 1-800-845-3731

#### Region V

Counties Served: Cass, Ransom, Richland, Sargent, Steele, Traill 1-888-342-4900 1-701-235-7335

#### Region VI

Counties Served: Barnes, Dickey, Foster, Griggs, LaMoure, Logan, McIntosh, Stutsman, Wells
1-800-260-1310
1-701-253-6400

#### • Region VII

Counties Served: Burleigh, Emmons, Grant, Kidder, McLean, Mercer, Morton, Oliver, Sheridan, Sioux 1-888-328-2662 1-888-328-2112

#### Region VIII

Counties Served: Adams, Billings, Bowman, Dunn, Golden Valley, Hettinger, Slope, Stark
1-888-227-7525



## How to help?

- Join with NIEJI, ACL & NCEA to address Elder Abuse in Indian Country
- Work with tribal government to get elder abuse into tribal code.
- Spread the word—share information about elder abuse, signs, resources.
- Assist in identifying the problem locally
- Support elder abuse prevention & community awareness
- Plan Activities for World Elder Abuse Awareness Day – June 15



## Partnerships

- Please include information on the importance of partnership/collaboration as related to your topic.
  - National Indigenous Elder Justice Initiative
  - National Resource Center on Native American Aging
  - National Center on Elder Abuse
  - > National Center of Excellence on Elder Abuse & Neglect
  - Administration on Aging/Administration for Community Living
  - Adult Protective Services Resource Center
  - Bureau of Indian Affairs, Human Services
  - > Indian Health Services, Behavioral Health



## Primary References:

- American Medical Association. (1990). White paper on elderly health. Report of the Council on Scientific Affairs. *Archives of Internal Medicine*, 150(12): 2459-2472.
- Dong, X.Q., Simon, M.A., de Leon, C.M,. Fulmer, T., Beck T. Hebert, L. Dyer, C., Paveza, G. Evans, & D.Gorbien, M. (2009). Elder self-neglect and abuse and motality risk in a community-dwelling population. JAMA: Journal of the American Medical Association, Special Issue: Violence and human rights 302(5): 517-526
- Jackson, M. Y. & Sappier, T. (2005). Elder Abuse Issues in Indian Country. Washington, D.C.: Administration on Aging. <a href="http://www.ncea.aoa.gov/NCEAroot/Main\_Site/pdf/Elder\_Abuse\_issues">http://www.ncea.aoa.gov/NCEAroot/Main\_Site/pdf/Elder\_Abuse\_issues</a> in Indian Country June2005.pdf
- Lachs, M.S., Williams, C.S., O'Brien, S., Pillemer, K.A., & Charlson, M.E. (1998). The morality of elder mistreatment. *JAMA: Journal of the American Medical Association*, 280(5): 428-432.
- Lindbloom, E.J., Brandt, J. Hough, L.D., & Meadows, S.E. (2007). Elder mistreatment in the nursing home: A systematic review. Journal of the American Medical Directors Association 8(9): 610-616.



### Contact Information

- National Indigenous Elder Justice Initiative
- Http://www.nieji.org
- Toll Free: 1-855-834-1572
- info@NIEJI.org
- Jacque Gray, Ph.D., Director
- Direct Phone: 701-777-0582
- Jacqueline.gray@med.und.edu

Jennifer Cross, JD, Program Coordinator 701-777-6780

Jennifer.a.cross@med.und.edu



### For More Information

## National Indigenous Elder Justice Initiative

Phone: 701-777-2023

Toll-free Number: 855-834-1572

E-mail: info@nieji.org

Website: www.nieji.org

Thank You! Wado!