



Alzheimer's Disease: Risk Factors Among Native Elders in the U.S. DHHS Region 1

Identifying Our Needs: A Survey of Elders

Out of a sample of 571 American Indian, Alaska Native Elders, & Descendants over the age of 55 in the US:

4.5%

reported being diagnosed with Alzheimer's Disease, dementia, or other problems with memory or thinking (n = 25) 6.3%

reported that someone they are helping care for has been diagnosed with Alzheimer's Disease, dementia, or other problems with memory or thinking (n = 29) 88.2%

of those diagnosed or caring for someone with Alzheimer's reported that they were diagnosed in a timely way once they started noticing problems (n = 30)

Diagnosis of Alzheimer's	
Disease or related	conditions (n = 25)

Stroke 8.0%

3.4% Stroke

Depression 36.0% 18.4% Depression

Diabetes 52.0% 28.8% Diabetes

High Blood Pressure 56.0% High Blood Pressure

reported feeling downhearted and blue all, some, or most of the time.

of Elders reported engaging in at least one type of exercise.

of Elders reported that they smoked ceremonially or social/recreationally.

of Elders reported in binge drinking 6 or more days during the past month. Another 5.6% did so 1-5 days in the last month, and 83.3% did not report doing so.

reported feeling downhearted and blue all, some, or most of the time.

No diagnosis of Alzheimer's Disease or related conditions (n = 534)

of Elders reported engaging in at least one type of exercise.

of Elders reported that they smoked ceremonially or social/recreationally.

54.2%

24.6%

of Elders reported in binge drinking 6 or more days during the past month. Another 30.3% did so 1-5 days in the last month, and 63.6% did not report doing so.

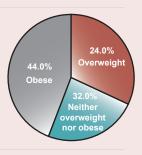
45.8%

79.2%

20.8%

Most Elders (79.2%) reported getting out and socializing between one and four times per month, compared to 20.8% who did so 5 or more times.

Most Elders were obese (44.0%), followed by those at a normal weight (32.0%); 24.0% were overweight.



Most Elders were overweight (38.8%), followed by 36.6% who were obese. About 24.6% were at a normal weight.

Most Elders (54.2%) reported getting out and

socializing between one and four times per month,

compared to 45.8% who did so 5 or more times.

reported having trouble hearing, even when wearing their hearing aid.

12.6% reported having trouble hearing, even when wearing their hearing aid.

Lifestyle

Health Conditions

Mood

Socializing

BM

Socializing

Health Conditions

Mood

Lifestyle

Hearing