

RESPECT FOR ELDERS

Do you have concerns about an Elder?
Maybe you see that they are not taking care
of themselves, or family only comes once a
month when the Elder has money?

Is an Elder telling you that they are not
treated with respect or that someone is
bothering them?

These may be signs of Elder abuse,
neglect or exploitation.

FOR HELP, CONTACT

Your Tribal Social Services or Elders
Department:

Insert contact information for
your tribal services, law
enforcement, etc.

The Eldercare Locator for information
on Adult Protective Services
1-800-677-1116

For serious emergencies, call 911.

For mental health support for yourself
or an Elder, **call or text 988**

Domestic Violence Hotline
1.800.799.SAFE (7233)



INTERNATIONAL ASSOCIATION FOR
INDIGENOUS AGING

Recipient
Street Address
City, ST ZIP Code

Company Name
Street Address
City, ST ZIP



Services for Elders & People Who Care for Them

My Mother | My Father | My Sister | My Grandchild | Myself



Are you caring for an Elder or a Grandchild?

Are you an Elder who needs help staying at home?

These programs and information can be a helpful resource.

DO THESE STORIES SOUND FAMILIAR TO YOU?

- My mother gets lost driving home from the store.
- I need help getting groceries and with chores at home.
- My dad wants to sleep all the time; he doesn't go out with friends anymore. He stopped drumming.
- My sister is raising 3 grandchildren on her own.
- My son is disrespecting me. He only comes to visit when my retirement money arrives. He always asks for money.



RESOURCES FOR ELDERERS

Eldercare Locator

<https://eldercare.acl.gov/home>

Call or Text: 1-800-677-1116

Email: eldercarelocator@n4a.org

For help finding support, ask about services for Tribal Elders and their caregivers.

National Alzheimer's Call Center

Call 1-800-272-3900. (Available 24/7)

Connect with a live person who can provide information, local resources, crisis assistance and emotional support on Alzheimer's and Dementia.

988 Suicide & Crisis Lifeline

For mental health support, **call or text 988**.

State & Tribal Hotlines | Native American Elder Justice Initiative

To find local resources within your tribe or state that specialize in elder abuse, neglect or exploitation, visit:

<https://iasquared.org/naeji/hotlines/codes/state-tribal-hotlines/>

StrongHearts Native Helpline

A 24/7 safe, confidential and anonymous domestic and sexual violence helpline for Native Americans and Alaska Natives.

Call 1-844-762-8483 (1-844-7NATIVE)

<https://strongheartshelpline.org/>

RESOURCES FOR CAREGIVERS

Caring for an Older Adult

Dementia Friends | International Association for Indigenous Aging

An interactive educational program to better understand what dementia is and how it affects people.

<https://iasquared.org/dementia-friends/>

Grandparents Raising Grandchildren (Kinship Care)

Grandfamilies.org

An interactive website that seeks to share all relevant publicly available information impacting grandfamilies.

Grandparent Resources | Native American Elder Justice Initiative

A list of resources for grandparents raising grandchildren.

<https://iasquared.org/naeji/resource/grandparent-resources/>

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